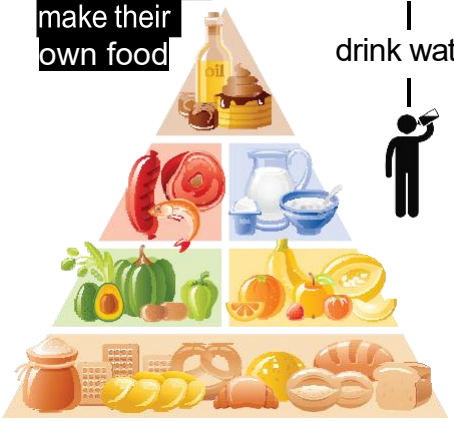
Science

Introduce Animals, including humans

Year __
_____ Term

Animals, including humans **cannot make their own food**



water
|
vital for life
|
drink water

vitamins
minerals
fibre
|
keeps us healthy
|
fruit
vegetables



carbohydrates
|
gives us energy
|
cereals and vegetables
sugar and fat



proteins
|
helps us to grow
|
meat and fish
eggs and dairy

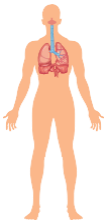


fats
|
energy
|
absorb vitamins
|
helps nerves and brain
|
small amounts

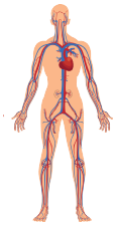
human bodies have **systems** to survive



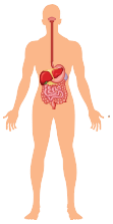
skeleton
|
frame
|
support
protection
movement



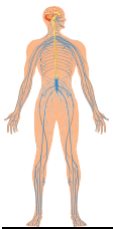
respiratory
|
breathing
lungs



circulatory
|
heart
blood



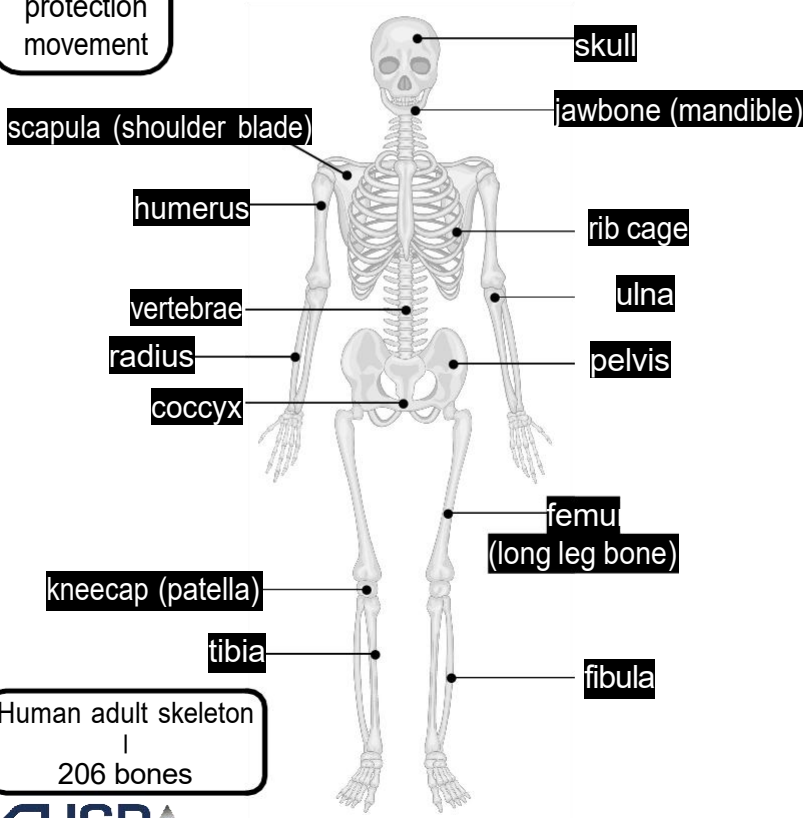
digestive
|
mouth
stomach
intestines
bowel



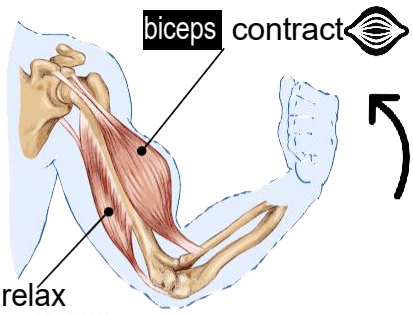
nervous
|
brain
spinal cord
nerves



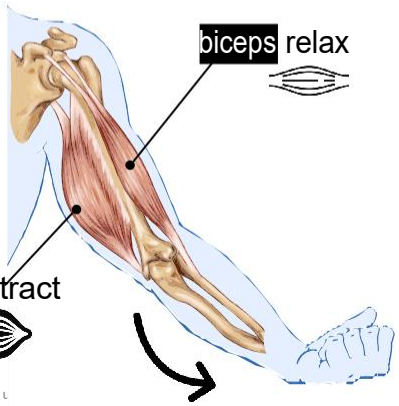
muscle
|
heart
movement
digestion



Human adult skeleton
|
206 bones



muscles help **movement**



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